Croydon Breast Unit: How Do We Deliver High Quality Cancer Care?

Miss Sarah Horn
Consultant Oncoplastic Breast Surgeon

March 2018
Introduction

• Overview of Breast Cancer Services
  • Who we are
  • What we do
  • How are we doing?
  • The Future

• The recovery package
• Primary Care Q &A
Who are we?

Mr Wail Al Sarakbi
Consultant Oncoplastic, Reconstructive & Cosmetic Breast surgeon
Unt Lead

Mr Sanjay Joshi
Associate Specialist Breast Surgeon
Our Cancer service

- 20-250 cancers treated per year.
- London Cancer Network targets met month on month
- All 2 Week wait targets met at 98-100%
- No Breaches
- E-referrals up and running
- One Stop Clinic service
  - With >85% imaged at same visit
  - Specialist imaging Bradbeer Unit.
  - Specialist Breast Radiologists
  - Full range of Diagnostic services
  - Results & surgical Planning within 2 weeks
Our Outstanding Performance Statistics: Exceeding National Benchmarks

Please find below the 14 day report and also a summary of the Intra-Trust Referral from 16 -22 October.

<table>
<thead>
<tr>
<th>Specialty</th>
<th>&lt;7</th>
<th>&lt;14</th>
<th>15-16</th>
<th>17-21</th>
<th>22-28</th>
<th>28&gt;</th>
<th>TOTAL</th>
<th>%&lt;7</th>
<th>%&lt;14</th>
<th>Admin Delay</th>
<th>Pt.Choice</th>
<th>Capacity</th>
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<td>5</td>
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Surgery

- Includes Benign surgery, male Gynaecomastia surgery & CCG approved cosmetic surgery
- Oncoplastic techniques applied to all cases
- Therapeutic mammoplasty
- Contralateral Symmetrisation e.g. mastopexy
- Prophylactic & BRCA Cancer surgery
- Reconstruction (High risk cases not excluded)
  - Implant & ADM (including nipple sparing/dermal sling)
  - One & 2 stage with Tissue Expansion
  - Pedicled flap e.g. LD reconstruction
  - Autologous reconstruction collaboratively with at SGH e.g. DIEP
  - Revision surgery, lipofilling, nipple reconstruction
Skin Sparing Mastectomy Implant & ADM Reconstruction
Dermal sling reconstructions bilateral with Nipple reconstructions
Therapeutic Mammoplasty with immediate contralateral symmetrisation
Contralateral Symmetrisation
High patient satisfaction

Thank you for making such a difficult time in my life a little easier, Ronak.

Mr Sarafadi

Thank you for saving my life!

Really appreciate it.

Words cannot express the gratitude I feel for the warm caring manner that you have shown me since last August 2010. When I first walked through your door, your gentle approach warms me every time I see you and I know whatever the news I am about to receive will always be softened by your delivery. I thank you from the very bottom of my heart.

Irfan

Before saying that you are an extraordinary doctor,
I want to tell you that you are an extraordinary human being.

Thank you in appreciation of you, Aunt and all that you do.

Many thanks,

Fereshtha

You were very kind.

A good doctor’s comforting and reassuring words are sometimes more powerful than medicines.

Thank you from your kindness.

F.
Administrative Support

- 2 experienced Breast Unit Secretaries. Ext 3405
- Patients have access to Breast care Nurses on weekdays for queries & concerns
- Breast secretaries always on hand to answer patient specific queries, change appts etc
- Secretarial support 5/7 a week
- Retained control of our urgent letters
  - Typed and faxed, received by GP practice within 24hrs
  - Other important communication via this system.
Axilla

- State of the art Intraoperative assessment of Lymph nodes with OSNA
- One Step Nucleic Acid Amplification technique
- Real time LN assessment
- On site
- Patient’s proceed to clearance if node shows macrometasis
- Commenced in 2017
- Average 40 mins for results
- Day case surgery
- Axillary RT also available at RMH
Holistic Support

- 2 Breast care Nurse specialists. 3rd soon to start
- Key worker approach
- Pre & post operative care & support
- Reconstructive Discussion, wound management, seroma aspiration
- Lymphoedema and prosthetic service

- Open Access Follow up
- Macmillan Cancer Support Officer valuable addition to team
- Genetics Testing consent soon to commence on Site
NeoAdjuvant & Adjuvant Treatment

- RMH Sutton, excellent relationship with our oncology colleagues
- Research studies alongside advanced treatment, as per NICE Guidelines
- Survivorship studies
- Acute Oncology Service at CUH
- Swift Communication and action across our MDT
- Bone Health Service and Committee with Primary Care, Elderly Care, Rheumatological, Haematological, Orthogeriatric & Breast Surgeon & patient involvement
Recovery Package for CUH Breast Cancer

- All patient’s cancer support needs met
- Breast Care Nurses vital here.
- Full recovery Plan
- Holistic Needs Assessments undertaken
- Full Psychology & Counselling Service (BRCA/ prophylaxix/coping strategy)
- Complimentary Therapies available
- OAFU successful
- Patient focus groups
The Future

• **This is extremely bright**
  • New techniques: Local perforator flaps
  • LICAP, MICAP, TDAP, Pre-pectoral implant reconstruction
• Trainee and undergraduate education
• Continue our work as part of RM Partners & Vanguard
• Involvement in National Audits
  • National Breast Implant Registry
  • Getting it Right First Time Surgical Infection Audit

• Aim to improve our Market Share across the region
• As a borough the screening uptake needs to improve
• Utilise charitable status to introduce new infrastructure & diagnostics
• PROMS & Survivorship studies
• Research & Audit
Any Questions?

PRIMARY CARE Q&A
HOW TO CONTACT US

w.alsarakbi@nhs.net
Sarah.horn1@nhs.net

Secretaries: Ext 3405.
Croydon University Hospital