Cancer Care Review

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Macmillan Lead Cancer Nurse
HNA and Treatment Summary

Breast:  
HNA 99 (49%)  TS 116 (58%)

Colorectal:  
HNA 124 (81%)  TS 16 (10%)

Gynae:  
HNA 64 (74%)

Skin:  
HNA 187 (97%)
Treatment Summary

LGI includes:

• side effects that may develop or not resolve within 6 months/ yrs later
• Specific to treatment modality
• general side effects
• alert symptoms
Scale of Issue

15m with a long term condition

- 50% all GP appointments
- 75% all bed days
- 70% acute and primary care budget
## Longitudinal Impact

<table>
<thead>
<tr>
<th></th>
<th>Diagnosis &amp; treatment</th>
<th>Post treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breast</td>
<td>48,000</td>
<td>448,000</td>
</tr>
<tr>
<td>Colorectal</td>
<td>40,000</td>
<td>197,000</td>
</tr>
<tr>
<td>Prostate</td>
<td>29,000</td>
<td>215,000</td>
</tr>
</tbody>
</table>

Yip et al 2015
## Prevalence of long term consequences

<table>
<thead>
<tr>
<th>Condition</th>
<th>Number</th>
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</thead>
<tbody>
<tr>
<td>Poor health or disability</td>
<td>500,000</td>
</tr>
<tr>
<td>Chronic fatigue</td>
<td>350,000</td>
</tr>
<tr>
<td>Sexual difficulties</td>
<td>350,000</td>
</tr>
<tr>
<td>Mental health problems</td>
<td>240,000</td>
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<tr>
<td>Moderate to severe pain</td>
<td>200,000</td>
</tr>
<tr>
<td>Urinary problems</td>
<td>150,000</td>
</tr>
<tr>
<td>GI problems</td>
<td>90,000</td>
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<tr>
<td>Lymphoedema</td>
<td>63,000</td>
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</tbody>
</table>

Source: Macmillan 2013
Survivorship is not “one size fits all”

Only 45% said received enough care or support from health and social services post treatment (NCPES 2015).

Key themes were “Moving on” (leaving cancer behind), “See the world differently” (transformation), “life will never be the same” (cancer always there), “One day at a time” (ongoing symptoms), “Losing myself” (negative transformation/ loss of identity). (Martin et al 2015)
What we can offer to support ANP/ CNS assessment and advice

Macmillan Support Officers

The Macmillan Support Officers are a first point of contact for patients on self-management programmes, and assist with the delivery of the recovery package. They are also available to health and social care professionals who may have queries in relation to Croydon patients who are living with and beyond cancer or advice on access to other available services.

Breast
Michelle Tutt
Macmillan Breast Cancer Patient Support Officer
020 8401 3000 ext 3652

Colorectal
Thomas Lewis
Macmillan Colorectal Cancer Patient Support Officer
020 8401 3000 ext 5723

Prostate
Helen Smith
Macmillan Prostate Cancer Patient Support Officer
020 8401 3000 ext 5251