Transcript for Having a baby in Croydon Health Services video

Narrator:

“Having a baby is a life-changing event and it's different for every mum. It's exciting but can be bewildering and you'll have lots of questions and choices to make.

“At Croydon Health Services we'll be with you every step of the way.

“We've made lots of improvements to our modern maternity unit recently including being one of the first trusts in the area to have a consultant midwife.

“New parents will feel relaxed and welcomed with clean convenient facilities close to where you live.

“In the early weeks of your pregnancy you'll be invited to meet one of our midwives and come for an antenatal scan so we can check on your baby's progress and start planning for when your baby arrives.

“Everyone has their own ideas on how they want to bring a new family member into the world and we'll talk through all the options and give the advice you need to make the choices that work for you.

“There's a few different places you can choose to have your baby.

“If you want to welcome your new arrival at home we'll introduce you to our home birth team and you'll have your own specialist midwife throughout your pregnancy to give you all the support and advice you need.

“For women who are expecting an uncomplicated birth particularly if you've had a baby before with no problems, home birth is as safe as birth in hospital.

“Our newly refurbished birth centre has three birthing rooms, two birthing pools and a comfortable home from home environment.

“You and your partner will have your own birthing room so you can enjoy the experience together and a choice of three ensuite rooms for after you've had your baby.

“It's usually the first choice for women who are expecting uncomplicated births, with birth pools beanbags and calming lighting.

“Our delivery suite is another option with a medical team on hand if you and your baby need it.

“It's right next to the birth centre and can offer extra support no matter what option you choose to go with.

“Wherever you choose our skilled and friendly midwives will be on hand every step of the way.

“They're supported by an experienced team of doctors and other specialists who are on site if you need them.

“We also have a special care baby unit if your baby needs some extra help.
“Before and after you have your baby you can also join one of the many groups we run giving new parents all the hints and tips they need.

“Croydon Health Services really is your very own pregnancy support team.”