Supporting Children and Young People Through Loss and Change

Drawing by Eddie
Willow works with:

- A child or young person who faces a life limiting or life threatening condition.
- His/her brother(s) and sister(s).
- Children and young people who have experienced the death of a sibling due to a life limiting or life threatening condition.

Who are we?

We are drama and movement therapists registered with the Health Professions Council. We have many years of experience in working with children and young people affected by loss and change.

How do we work?

- We use dramatherapy
- We talk together and use a wide range of resources including: drama, story, movement, puppets, art, photography and video.
- With non verbal communication through music, movement and voice.
- We realise that no situation is the same and therefore we meet with each family individually to talk about what kind of help would be most useful.
- We can also advise at that stage about other help that might be used.
- We also offer professional training and development to a wide range of organisations
What we offer:

- Emotional support to the children and young people and work through their grief.
- Liaison with others who support the family
- Individual therapeutic sessions
- Group therapeutic sessions

Emotional support so that children and young people can:

- Better understand their own needs and get them met.
- Adjust to changes in their lives.
- Express angry feelings constructively.
- Feel more secure in the world.
- Become more emotionally resilient.

What is Dramatherapy?

“Dramatherapy is involvement in drama with a healing intention”  
Drama as Therapy, Theatre as Living, (Jones,1996)

Dramatherapy sessions aim to offer a confidential, safe and creative space where all feelings can be explored.
For further information or to refer a child or young person please contact

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